



## TE ATA - WHERE WE FIND COMMUNITY



New Group at  
Te Ata

### Te Ira Wahine

Women's wellbeing group starts at Te Ata on the 29<sup>th</sup> May and will be held on Fridays from 1 - 2.30. This group will be run by Walsh Trust peer support service.

"A gentle space for wahine to pause, connect and strengthen wellbeing. Together we share korero, grounding practices and support."

## The Coffee Cart Project

With Josh Stoneham at the helm, the Coffee Cart has now been serving great coffee and creating meaningful connections for Te Ata members and supporters for over a year.

Over this time, the cart has welcomed many guest baristas, following the completion of their barista training with Nicola Sandy.

Te Ata has recently secured funding to help with some of the costs of opening the cart to the public, Our 'soft' opening in August this year, will give us the opportunity to connect with our local community, support our baristas as they settle into their new roles, and adjust to operating the business in a public setting.

**Watch this space!**

"Given enough Coffee, I could rule the world."  
Josh Stoneham's favourite quote



te ata

A place to learn, share and grow



## WEST AUCKLAND SURVIVOR HUB

Check out the new Survivors Hub logo that was created by the West Auckland Survivors Hub group members.  
The group meets Tuesdays from 1.00pm - 2.00pm.

Thanks to support from Survivor Experiences Service (SES) we now also have a second survivor group on Mondays from 10.00am - 11.00am at the Glen Eden Community House; 13 Pisces Rd Glen Eden

The West Auckland Survivor Hub is hosted by Te Ata thanks to funding from the lottery's survivor support and recognition fund.

The hub's purpose is to make a space where survivors of abuse in state care and faith-based institutions can meet with each other for peer support and fellowship.

Examples of state care includes foster homes, schools and hospitals. Faith-based care includes churches and religious schools.

Please contact John Matthews on 022 509 7183 for more information.

## UPCOMING EVENTS

### Waitakere Shared Vision

**Community Activity Day - Stations Challenge**  
When: Friday 29<sup>th</sup> May from 10.00 am - 2.00pm  
At: Te Pai Courts, 31-35 Te Pai Place, Henderson  
What's on: Games will be held

### Celebrating our Volunteers

**Morning Tea and acknowledgement of our Te Ata volunteers**  
When: Tues 16<sup>th</sup> June from 10.00 am - 11.00am  
At: Te Ata, Building H2, 52 Keeling Rd  
What's on: Morning tea & Certificates

### End of Term Showcase

**Showcasing members music, poetry, waiata**  
When: Thurs 25<sup>th</sup> June 11.00am - 1.00pm  
At: Te Ata  
What's on: Music, Karaoke, poetry, Waiata

### Waitakere Shared Vision - Matariki Event

When: Thursday 2<sup>nd</sup> July from 12.00pm - 4.00pm  
At: Te Ata, Building H2, 52 Keeling Rd, Henderson  
What's On: Food and a band

### Survivor Hub Event Celebrating Surviving – 'an event by Te Ata in association with Survivor Experiences Service'

When: Friday 19<sup>th</sup> June from 11.00 am - 2.00  
At: Te Ata, Building H2, 52 Keeling Rd, Henderson  
What's on: BBQ & Karaoke

For more information about upcoming events  
Contact

Te Ata Staff: 09 8370671  
Programme Lead: [nicky@teata.org.nz](mailto:nicky@teata.org.nz)  
Coordinator: [tracey@teata.org.nz](mailto:tracey@teata.org.nz)



te ata

A place to learn, share and grow

# Mural Day

On the 5th May we were honoured to have Katy and Lope join Te Ata members and staff to create a mural for our space. The theme for the mural was “What Te Ata means to me/us”.

Katy and Lope’s work in the community is centred around the use of the arts as a source of healing, reimagining, and reconnecting with whenua, whanau and wairua, primarily after disasters.

A special thanks to Toi ora staff, TK and Merrin who facilitate our art group at Te Ata who provided their support, resources and expertise.

The finished mural should be completed soon and up at Te Ata.



## Te Ata volunteer: Trace

**“I like volunteering at Te Ata to meet people and socialise”  
- Trace**



Volunteering can be a fun and rewarding experience. Our volunteers help by running groups, keep Te Ata clean and organised, care for the plants, and welcome newcomers by showing them around our space.

## Te Ata

## ART GROUP WITH TOI ORA



Each newsletter will spotlight a group that runs from Te Ata.

This month, we’re featuring our Art group—a relaxed and informal space where you can work on whatever inspires you. The art teachers from Toi Ora, who are truly wonderful people, usually bring along a topic to explore. However, you’re always welcome to follow your own creative path. In the past, we’ve explored styles and themes such as cubism, still life, and abstract art, among others.

### What our members say about Art Group:

‘It gives me peace of mind.’

‘It helps take your mind off things.’

‘It’s not everyday life.’

‘Its my PASSIONE !’



Contact Te Ata: 09 8370671